# **2013-2014** Annual **REPORT**





#### Erik Selden



In June 2014, our Board of Directors, with input from participants, volunteers and partner agencies, came together to approve a new strategic plan for the organization. The new plan will position our programs to serve significantly more individuals who need our help. For individuals who are blind or visually impaired, our programs mean so much more than just participating in sports. They build long lasting friendships, improve their overall health, and, most of all, gain the skills and confidence they need to be successful in all areas of life.

We are extremely excited to present our 2013-14 Annual Report to the Community. This year Northwest Association for Blind Athletes programs have grown immensely to improve

the quality of life for more than 1,000 children, youth and adults with visual impairments.

On behalf of our Board, we would like to thank everyone who supported our programs

NWABA experienced another year of extraordinary growth. This included

dramatically expanding our Sports Outreach Program by adding additional events,

enhancing program offerings by branching out into new sports and activities, and

developing innovative strategic partnerships to expand our mission-impact.

over the year. It is because of you that we are able to change lives and make a difference.

We hope that you enjoy the information and photos in this year's Annual Report. Please feel free to contact Billy Henry, Co-Founder/Executive Director, directly at 360.718.2826 or bhenry@nwaba.org with any questions.

Thank you so much for your continued support of our mission and programs!

Sincerely

Dear Friends,

Erik Selden Board President

Co-Founder/Executive Director

Our Mission: To provide life-changing opportunities through sports and physical activity to individuals who are blind and visually impaired.

# **BOARD OF DIRECTORS**

Erik Selden, President

Scott McCallum, Vice-President

Teresa Lawwil, Board Secretary

**Board Members** Jason Reid

Scott Miller

Dean Watanabe

Karen Holterhoff

Courtney Barker

Ben Campbell

Tracy Wasden

loe Yoder Billy Henry

9%

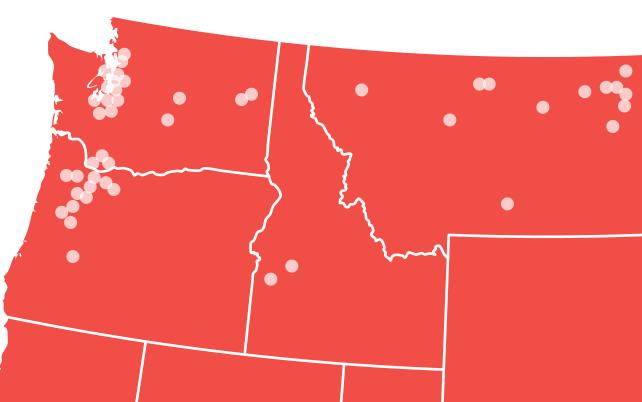
18%

**73%** \$138,154.90 - Programs **8%** \$34,967.68 – Development **9%** \$16,990.03 – Management & General

73%

	2014	2013
Total Revenue:	\$239,173.25	\$148,092.00
Total Expenses:	\$190,112.61	\$120,782.00
Ending Net Assets:	\$94,618.64	\$45,558.00

We are proud to say that 73% of expenses go directly to support life-changing programs for individuals who are blind and visually impaired. Northwest Association for Blind Athletes values your generosity and is committed to full transparency. A copy of our Form 990 is available upon request and can be found on our organization's website (www.nwaba.org).





Additionally, we are also honored to announce that we have been awarded a Gold Seal by Guidestar, demonstrating our commitment to transparency.

#### **SPORTS OUTREACH - A SPORT FOR EVERY ATHLETE**

NWABA'S SPORTS OUTREACH PROGRAM is the heart and soul of our organization. Our ultimate goal is to impact the 70% of blind or visually impaired, school aged children who have never participated in physical activity. Sport by sport, one child at a time, NWABA is working to change the lives of these children, their parents and their teachers.

In 2013-14, NWABA provided 495 children and adults with sports activities in our four-state region of Washington, Oregon, Idaho and Montana. Staff and volunteers traveled the region and worked with local volunteers, teachers and parents to make this happen through school visits, clinics, camps, development competitions and awareness events.

At the end of each day, participants had greater self-esteem, more enthusiasm for life and a route to improved health and fitness by experiencing:

- Track & Field
- Tandem Cycling
- Judo
- Goalball
- Showdown (adaptive ping pong)
- Beep Baseball
- Beep Kickball
- Hiking
- Swimming

**Looking forward:** With a new, full-time Director of Programs, Stacey Gibbins, we will reach even more children and adults with life changing sports opportunities.

### CLINICS

NWABA held 26 clinics across the four-state region. These provided paralympic experiences for students including tandem cycling, goalball, judo, beep baseball, beep kickball, track and field, and showdown. Clinics introduce children, youth and adults with visual impairments to sports and physical activity often for the first time. We are able to give individuals with visual impairments their first experience riding a bike, playing as part of a team, and learning basic skills such as running and jumping.

# SCHOOL VISITS

In 2013-14, 9 schools visits were made by NWABA. During visits, NWABA works with teachers to adapt sports for their students and encourages blind and visually impaired students to get more involved with sports and recreation.

# **DEVELOPMENT COMPETITIONS**

When students attend a development competition, they learn the rules of a sport and then they have an opportunity to complete. Oregon Youth Goalball Tournament in Canby, OR. There were six teams and approximately 60 athletes and coaches.

# AWARENESS EVENTS

NWABA held six awareness events in 2013-14. NWABA programming is showcased at awareness events to individuals with visual impairments, family members and peers in schools. The events demonstrate what is possible for people who are blind or visually impaired. It inspires potential participants and showcases the abilities of people who are blind.

**Teaching Goalball to the Vikings:** A Very Special Event – NWABA athletes had the unique opportunity to introduce Goalball to 25 members of the Portland State University Vikings Football Team. The football players wore eye masks to get the full effect of a Goalball game. No doubt, it was the first time they played a sport without the benefit of eyesight!



#### NWABA SPORTS TEAMS PROGRAM

Participating in team sports can have a major impact on athletes. Blind or visually impaired athletes gain the same benefits as their sighted peers – and more. Health and fitness are key benefits of team sports. But the benefits go much further including:

- Building confidence and self-esteem
- Improving academic skills
- Understanding good sportsmanship
- Learning how to be a team player
- Promoting self-discipline
- Learning to participate in a competitive society
- Developing social skills
- Building leadership skills
- Relieving stress
- Improving mental health
- Conquering isolation
- Providing opportunities for peer acceptance and friendships
- Experiencing success
- Having fun!

Through team sports, NWABA served **128** children and adults throughout Oregon, Washington, Montana and Idaho in 2013-14. NWABA support included two Goalball teams (NW Avalanche and Boise Blaze) and youth Goalball teams throughout Oregon. NWABA also supported the Lethally Blind dragon boat team and a Portland to Coast walk/run team. The NWABA-supported Northwest Avalanche men's Goalball team won fourth place in the National Goalball Championships in Ames, Iowa in June 2014.

# 2013 South Sound Throw down

Each fall, NWABA partners with the Tacoma Metro Parks Adaptive Recreation Program to offer the South Sound Throw down. In 2013, 14 Goalball teams including 64 athletes competed in Tacoma. The NWABA Avalanche took second and third in the Men's division. Looking Forward: NWABA has plans to develop a regional Goalball League!



# Dragon Boating – NWABA's Fastest Growing Team Sport

In 2014, NWABA sponsored two crews from the Lethally Blind dragon boat team in the Portland Rose Festival dragon boat races. Scholarships were awarded to 40 dragon boat racers.. About 75% of the Lethally Blind team members are blind or visually impaired. The teams trained for 10 weeks to learn synchronized paddling, power, speed and endurance. In 2014, 50 individuals signed up to paddle for Lethally Blind. Both teams, each with 20 paddlers, a caller, a steersperson and a flag catcher, medaled in their divisions.



# ADAPTING SPORTS, PROVIDING SCHOLARSHIPS, REACHING OUR REGION Adaptations:

The life-long benefits of sports are available to all, regardless of visual impairments. Creative adaptations of sports allows all to participate. NWABA works with parents and teachers to adapt sports for blind and visually impaired students. In 2013-14 NWABA provided **145** adaptations for specific sports.

### **NWABA sports adaptations included:**

- Track and field guide runners or ropes and talking pedometers
- Swimming Adapt Tap, allowing students to swim in straight line in the pool
- Bicycling tandem biking
- Beep Baseball and Kickball beeping balls and bases
- Archery placing balloons on the target to the archer knows when the target is hit.

Because of these adaptations, blind athletes—young and older—can participate, often for the first, in life-changing sports.

## **Scholarships:**

NWABA provided a record **77** scholarships for blind or visually impaired athletes in 2013-14. Scholarships were awarded to support Goalball, dragon boat racing, track & field, showdown and tandem cycling. Dragon boating was the largest scholarship recipient last fiscal year with 40 participants. Scholarships helped students from WSSB attend the National Goalball Championships, purchased a specialized Showdown table for the Montana School for the Deaf and Blind, and helped purchase a tandem bike for an athlete. The total amount awarded is **\$10,903.25** 

#### Visibility:

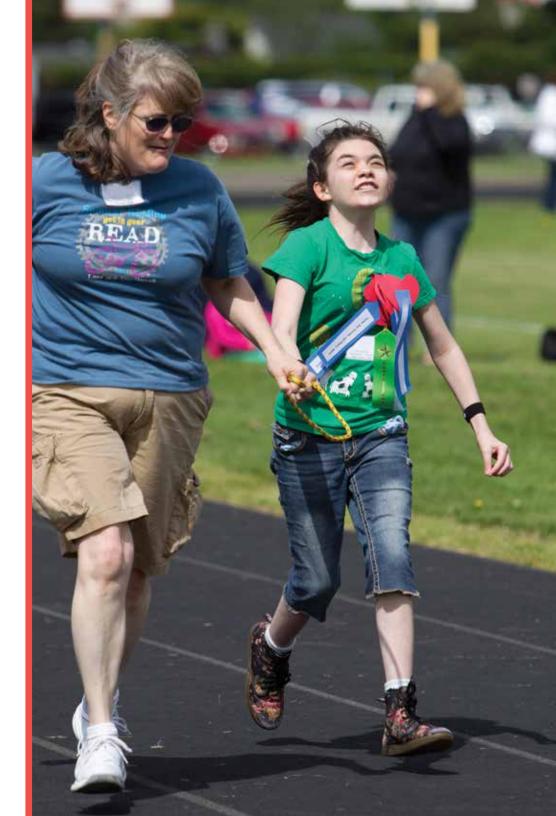
As NWABA has grown as an organization, we have increased our community outreach in a variety of ways including speaking engagements, networking, public awareness, newsletters and special events, our Web site, and social and traditional media.

In 2013-14, we made approximately **9,500** community contacts throughout the four-state region. NWABA was featured in **15** media stories including television news in Seattle and Billings, MT.



NWABA couldn't operate without its volunteers. In 2013-14, **180** volunteers donated approximately **5,000** hours to serving kids and adults who are blind or visually impaired. Throughout our four-state region, they volunteered for sporting events, piloted tandem bicycles, took care of administrative tasks and much more. At \$22.50 per hour, they donated more than **\$112,750** in services. **Thank you, volunteers!** 

**Looking forward:** Our new office will provide more space for volunteers and we will continue to offer opportunities for volunteers to carry out the mission of NWABA to ensure that ALL have access to sports and recreation.



#### **GAME CHANGER** (\$10,000+)

Beaches Summertime Cruisin' Charity Fund Leslie Durst MI Murdock Charitable Trust Portland Executives Association

# VISION

(\$5,000-9,999)

Harold & Arlene Schnitzer CARE Foundation MDU Resources Foundation OCF Joseph E. Weston Public CS & Angela Sheffield Foundation **Riverview Community Bank** Todd & Marlene Hill Wheeler Foundation

# **OPPORTUNITY**

(\$2,500 - 4,999) **BNSF Railway Foundation** Billy Henry Community Foundation for Southwest Washington Corwin Beverage Company Courtney-Irvin Foundation

Delta Gamma Foundation Don & Jennifer Rhoads Jon J McMullen PS Sally & David Palena Tim & Courtney Barker T.O.D.A.Y Foundation Ty Stober & Lamar Bryant Waste Connections

# INCLUSION (\$1,000-2,499)

Anne & D. Wayne Gittinger Arlinda & Wesley Munger

Audiology Clinic Inc Columbia Credit Union Dale Penge Dan & Janis Wyatt Dennis & Liz Lane Dick & Judy Boyd Edward & Dollie Lynch Fund, a charitable fund of the Community Foundation for Southwest Washington Erik Selden Gibney Family Foundation Jason Stenersen lim Martin

Kevin & Nicki Wann Kim & Lisa Capeloto KMR Group Foundation Mark & Teresa Lawwill Matt Hoffstetter & Candi Carrier Northwest Lions Foundation for Sight & Hearing PacificSource Health Plans PeaceHealth Southwest Medical Center Pfizer Foundation Rock & Allison Cavil Rod and Jane Cook

Sara & Robert Scheetz Tim & Kelli Schauer William & Jeanne Firstenburg

#### CONFIDENCE (\$500-999)

Amit & Charmi Gosalia At Your Place Senior Care BBSI Preferred Payroll Columbus Charities Chris & Cindy Barnes Derek Burres Doug & Kristy Palin Garrow Equity LLC



Glenwood Place Senior Living Jeff & Kimberly Woodside Josh & Sarah Bulkley Karen & Tom Holterhoff Katy & Jason Daughn Legacy Salmon Creek Medical Center Lenore & Damon Derrick Lyle Stumpf & Marci White-Stumpf Marc & Cynthia Dailey Moda Health Nancy & Steve Starkel New Phoenix & Last Frontier Casinos Peterson & Associates Robin & Jim Virgin Russ Garrow Ryan & Alisha Topper Stewart Title Voiture 99, La Societe Des Quarante Hommes et Huit Chevaux Washington Trust Bank Wenatchee Central Lions Club

#### DETERMINATION (\$250-499)

Artistic Auto Body Inc Bill & Crista Henry Bill & Pat Henry Bonnie Parmenter Carrie Scott Chris & Cindy Barnes Chris & Teresa Lewis Cory Byrd-Penge Cynthia Anne Estrada Dan & Val Ogden Dave & Cheri Groth Devin Jackson Elson & Jan Strahan Ember & Luke Shanahan

Gary & Leann Vigna

Eric & Nancy Olmsted Gary Bock Jack & Sherry Burkman Jason Carnell John & Anne McDonagh Iohn & Kris Bockmier John Sauer Justin & Marlene Ashworth Kathleen Lipiec & Dave Kelly & Bev Rupp Lee & Sondra Powell Liz & Michael Stewart Northrup Corporation Patricia Heffner Paul Montague Porland-Suburban Alumnae Chapter of Delta Gamma Pro Net Rand & Suzanne Schiltz Ron & Ulcaz Dobyns Sean Moore & Joe Eustaguio Russell Brent & Kara Seaman Scott & lennifer McCallum Steve & Kathy Roos Steve & Luanne Fordney Terry Ogle & Ann McEnerny-Ogle Thomas Zimmerman Wolf Point Lions Club ENRICHMENT (\$249 & BELOW) Alexander Occhipinti Ann Hoffstetter Anna Johnson Anonymous Anthony & Nadine Vroman Arthur & Patricia Williams Ascendancy Partners, Inc

Bank of the West

Beau & Rose Sem

Bill & Norma Willis

Cammie Ware

Ben & Amber Young

Charissa & Cody Steinman

Barbara Ayers

Charles Dunn Children's Center Chris & Lindsey Workman Chris Cooke City of Vancouver, WA Clark County Clark County Title Colin Nishitani Committee to Elect lim Moeller Dan & Laura Walsh Darren & Amy Dimmick David & Joan Ransier David Cahill David Lam Dawn Johnston Dee Memering Delbert & Rosemary McKinney Dena Horton Dennis & Jennifer Rugg Dennis Gorley Derek Christina Diane Figley Dianna Baker Dixie Pankratz Don & Debbie Russo Donald Jackson Donna & Frank Bleth Donna Roberge Douglas Wendt Elizabeth Davne Estacia De Leon-Davis Everell Purcell Fred & Kimberley Whitsell Gabe Markstrom Gary & Shirley Gross Ginger & Brian Schmidt Greg & Lynn Butts Greg & Susan Gilbert Greg Kimsey Harrison Lynch I. Michael Schultz & Shirley Loesch Jamal N. Aboullah Iammie Robison

Iane & Terre Robinson Jason & Chanel Schonert Jeanne Kojis Jeff Abel & Patti Gray Jennifer & Lance McDaniel lennifer Dietz John & Dawn Pierce Joi & Curtis Raihala Joseph and Joyce Yates Joyce S. Lawerence Julie Williams Justin & Tammy Graham Karis Staudamire-Phillips Kate & Virgil Williams Katie Essick Katie Teuber Katlin Smith & Gary Kokstis Kaycee Wiita Kelly Carr Kerry Godfrey Kim Hash Kirby & Lillie Lott King City Lions Club Kristina Kilduff & Eric Yang Kyle Hanson Lacey Whitsell Laura Belzer Laura McCall Lindsey Rooks Luke Wilks Margaret Hill Marion Agbisit Mark & Alicia Sampath Matt & Phoebe Krueger Michael & Bonnie Bingle Michael & Lisa Goodrich Michelle S. Cumberbatch Michelle Thor Mike & Audri Bomar Mitchell & Fabiola Phillipi Morgan & Teresa Wentworth Nigel Burton Ocean Park Area Lions Club Pat Jollota Patricia Heffner Patty Waters

Paul Stednitz Pete & Kathy Deschner Phillip Mandel Phyllis Harris Rachel Wilks Redmond Lions Club Rhona Sen Hoss & Schuyler Hoss Rich & Jen McKee Richard & Joyce Malin Rick Lusignan Robert & Dona Dingethal Ryan & Julie Ortiz Ryan McBee Scott & Jennifer McCallum Scott & Jody Campbell Scott Cozza Seth Harris Shannon & Divina Tomasini Sharif Burdzik Skyward Construction Spanaway Lions Club Stephen Hammond Stevens Integrated Solutions Sutherlin Lions Club Suzanne M. Robell Tacoma Southeast Lions Club Tankya Luken Temple Lentz Teresa Didier & Derek Wheeler Terra Mahmoudi Theresa & Mark Stuhrman Thomas & Tara Hackett Tim Memsic Tim Schoonmaker Tina Memsic Traci Johnson Tracy Peterkin Trey & Stephanie Klug Troy & Shari Van Dinter Tucker Henry Wayne & Pat Beckett Wayne Oshiro Willapa Harbor Lions Club

Shan Kuntz John Hinman Airway Heights Lions Club Gresham Breakfast Lions Club North Bend Orielle Valley Lions Club Teresa Romo John & Michelle Doherty Thomas & Barbara Crozier Jacolyn Wheatley William Stout Kroger TI Breitenfeldt John & Joyce Loomis Katie Loomis Thomas & Marie Anderson Brent & Lorene Hintz Mike & Carol Preyer Carl & Joanne Gibbons Joyce Lawerence Charles & Shelley Romo Jane Johnson Eva Mae Hunsley

\*This list reflects donations made from July 1st, 2013 through June 30th, 2014

We have made every effort to ensure the accuracy of names on this list. Please contact us at 1-360-448-7254 if there are any errors.



P.O. Box 65265 | Vancouver, WA 98665-0009 360.448.7254 • 800.880.9837 • nwaba.org

