



PRESENTS

SKIING AND SNOWBOARDING EXPERIENCE

Why: To give individuals an opportunity to learn basic fundamentals and skills for participating in skiing and snowboarding.

Who: Open to all people who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

Where: Mt. Hood Meadows

When: Saturday, December 1, 2018

Time: 10:00 am - 1:00 pm
Pick up locations in Vancouver (depart 6:30 am) and PDX (depart 7:00 am)

Equipment rental, lift pass, and transportation are included. Winter sports wear and lunch will not be included. Athletes are encouraged to provide their own lunch. A \$10.00 donation is suggested for each winter sport experience but not required for participation.

Registration is due by November 28, 2018. Additional forms are available at <http://www.nwaba.org>.

**To register, please call or email Mary Holmes
360-984-5627; mholmes@nwaba.org**

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity for individuals who are blind or visually impaired.