



PRESENTS

# **SKIING AND SNOWBOARDING EXPERIENCE**

**Why:** To give individuals an opportunity to learn basic fundamentals and skills for participating in skiing and snowboarding.

**Who:** Open to all people who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

**Where:** Mt. Hood Meadows

**When:** Saturday, December 9, 2018

**Time:** 10:00 am - 1:00 pm  
*Pick up locations in Vancouver (depart 6:30 am) and PDX (depart 7:00 am)*

**Equipment rental, lift pass, and transportation are included. Winter sports wear and lunch will not be included. Athletes are encouraged to provide their own lunch. A \$10.00 donation is suggested for each winter sport experience but not required for participation.**

**Registration is due by December 5, 2018. Additional forms are available at <http://www.nwaba.org>.**

**To register, please call or email Mary Holmes  
360-984-5627; [mholmes@nwaba.org](mailto:mholmes@nwaba.org)**

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity for individuals who are blind or visually impaired.