



NW ASSOCIATION  
FOR  
**BLIND**  
**ATHLETES**

*PRESENTS*

# **5 MILE HIKE EXPERIENCE**

## **SOUTHERN WILLAMETTE VALLEY**

- Why:** To give people who are blind and visually impaired an opportunity to test their endurance and strengthen skills for hiking.
- Who:** Open to all people who are blind or visually impaired. Individuals under 18 will need to be accompanied by a guardian. Families welcome.
- Where:** Elijah Bristow State Park  
38267 Wheeler Rd  
Dexter, OR 97431
- When:** Friday, April 12, 2019
- Time:** 5:00pm- 7:30pm  
*Transportation from Eugene OCB at 4:30pm\**

**Registration is due by April 10, 2019. Additional forms are available at <http://www.nwaba.org>**

**To register, please call or email Megan Ahleman  
360.768.5649  
[mahleman@nwaba.org](mailto:mahleman@nwaba.org)**