



NW ASSOCIATION
FOR
BLIND
ATHLETES

PRESENTS

5 MILE HIKE EXPERIENCE

SOUTHERN WILLAMETTE VALLEY

- Why:** To give adults who are blind and visually impaired an opportunity to test their endurance and strengthen skills for hiking.
- Who:** Open to all people who are blind or visually impaired. Individuals under 18 will need to be accompanied by a guardian. Families welcome.
- Where:** Amazon Headwaters
Fox Hollow Trail Head
85528 Christensen Rd.
Eugene, OR 97405
- When:** Saturday, March 16 2019
- Time:** 11:00am-1:30pm
*Transportation from Eugene OCB at 10:30am**

Registration is due by March 13, 2019. Additional forms are available at <http://www.nwaba.org>

**To register, please call or email Megan Ahleman
360.768.5649
mahleman@nwaba.org**