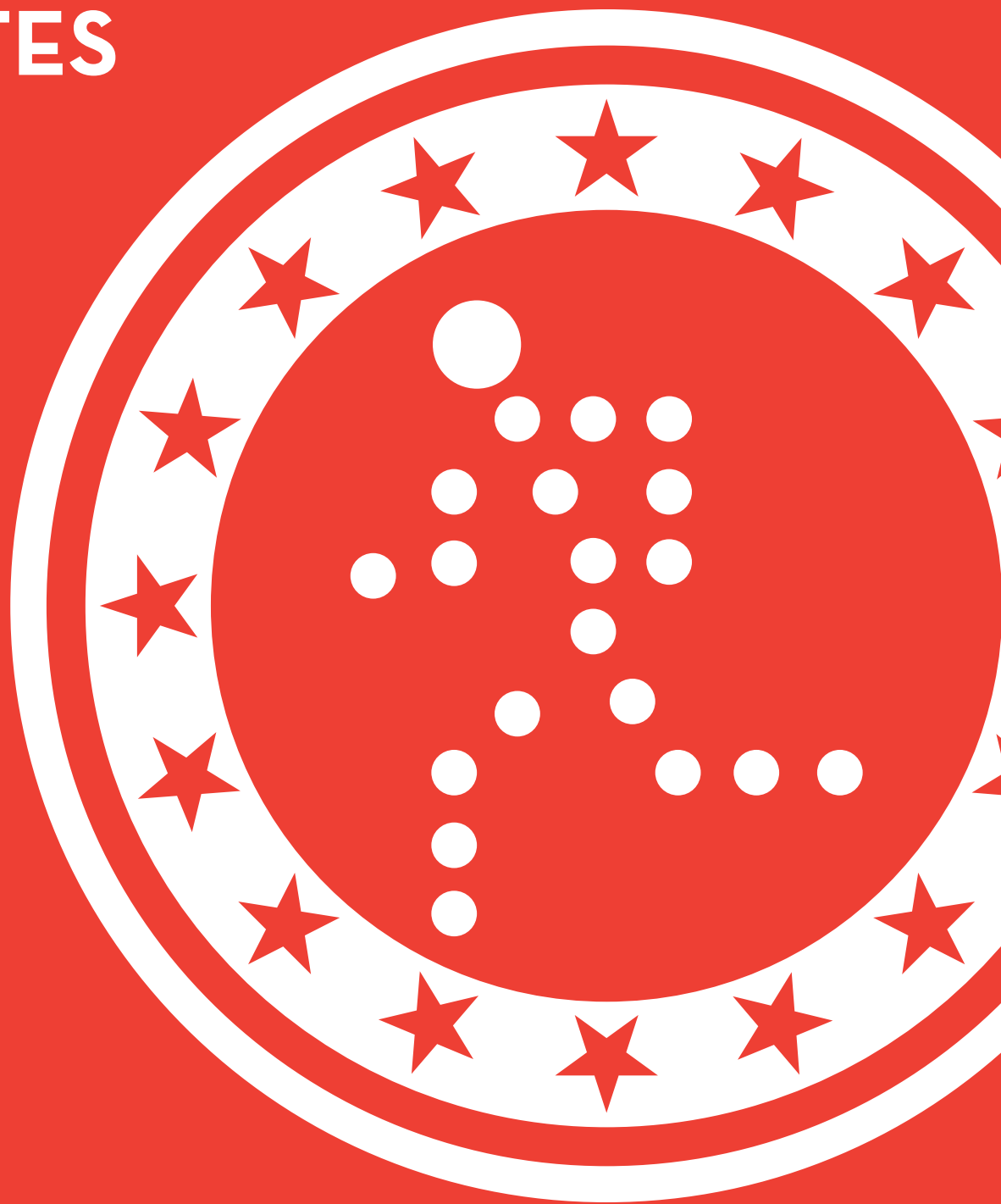


NW ASSOCIATION
FOR
BLIND
ATHLETES



2011
ANNUAL REPORT

BOARD OF DIRECTORS

President

Nicholas Wilks
Community Volunteer

Vice President

Scott McCallum
Vision Services Coordinator
Northwest Regional ESD

Secretary

Jamie Dotson
Business Development Manager
iQ Credit Union

Treasurer

Erik Selden
Vice-President
Business Banking Officer
US Bank

Board Member

Chris Finck
Community Volunteer

Board Member

Jason Reid
Sales Manager/Partner
Southwest Office Systems

Board Member

Troy Van Dinter
Controller
Skyward Construction

Board Member

Sekou Caldwell
Attorney at Law
Horenstein Law Group

Board Member

Brooke Cortes
Certified Ophthalmic Assistant
Officer Manager
Oregon Eye Specialists

Executive Director

Billy Henry

Report from the Board

Dear Friends,

The core of Northwest Association for Blind Athlete's (NWABA's) mission is providing opportunities to people who are blind and visually impaired. Increased need from communities across the Northwest resulted in significantly higher numbers of individuals served and expansion of all five of our current programs. The most significant increase occurred in NWABA's Sports Outreach Program, which experienced a 300% increase in demand. NWABA has plans for continued expansion of current programs this fiscal year. We also hope to implement several new initiatives to better serve our community.



Billy Henry



Nicholas Wilks

NWABA's board, staff, and volunteers have spent time this year developing an effective strategic plan to augment program growth, sustain operations, and build capacity within the organization to meet future needs. We are confident this plan will help guide the organization for many years.

As a growing, grassroots organization, we are dedicated to leveraging all available resources to accomplish our mission. This was especially evident this year as demand for programs increased. The generosity of the community helped to ensure that people who are blind and visually impaired were provided opportunities to build physical fitness, muscular strength, confidence, and self-esteem.

Without the generous support of our donors, sponsors, and volunteers, NWABA's programs would not be possible. Thank you to all who continue to support us. Your generosity helps to empower people with visual impairments!

We hope you enjoy the information and photos in our Annual Report. Please contact us if you would like to learn more about our mission and programs or would like to learn how to get involved with NWABA.

Sincerely,

A handwritten signature in black ink that reads "Billy Henry".

Billy Henry
Executive Director

A handwritten signature in black ink that reads "N. Wilks".

Nicholas Wilks
Board President

Sports improve quality of life for the Visually Impaired

By: Dr. Lauren J. Lieberman, Professor at The College at Brockport State University of New York

Lauren Lieberman, PhD, earned her doctorate in adapted physical education at Oregon State University with an emphasis on sensory impairments. Dr. Lieberman is currently a professor and teaches APE at The College at Brockport, State University of New York. She has co-authored several books on sports and physical activity as it relates to the visually impaired. Dr. Lieberman is also the director for Camp Abilities, a one week developmental sports camp for youth with visual impairments. She continues to do research in the areas of blindness and physical activity.



Lauren Lieberman

Children with visual impairments are born with the same potential as their sighted peers in relation to physical activity and motor skills. What often holds them back is lack of opportunity and lack of knowledge by instructors, community members, specialists, and parents. It is the lack of opportunities and equal expectations that often hold children with visual impairments back from keeping up with peers in motor skills, physical activities, and even socialization.

In the field of visual impairments there are nine areas that experts have designated essential for children to learn in order to be as independent and productive in their lives as possible. The Expanded Core Curriculum is the name given to these nine areas. The areas are: socialization and interaction skills, compensatory or functional academic skills, orientation and mobility, independent living skills, recreation and leisure, career education, use of assistive technology, sensory efficiency skills, and self-determination. The idea is that these skills would be embedded into core classes so the children are not pulled out of their classes for so many “special” lessons on these important areas. Improving all of these nine areas will help make children’s lives more productive and independent, thus improving quality of life.

Involvement in physical education, recreation, and sports helps children meet the goals in each of these areas. For example, if children learn each sport and activity their peers learn, they will be more likely to be self-determined, make choices, and have control over their lives and what they do during free time. If children learn how to play exergames, play the Wii, and use a talking heart rate monitor, they will know more about assistive technology and be able to generalize this to other technologies. A child who has played baseball and experiences the game both modified as beep baseball or baseball with some modifications is more likely to be involved in conversations during the World Series, therefore improving socialization skills.

Physical education, physical activity, recreation, and sport are essential for quality of life. The key is providing resources to help educate parents and professionals about how to modify sports and activities for the children with visual impairments.

“

I would like to thank you for your generous scholarship award towards my team’s trip to Orlando this summer. It makes me proud to be able to compete and represent my country, and your help is very much appreciated. I will go and do not only my team, but my country proud. Thank you!

- Chris, Scholarship Recipient

52

Blind and visually impaired individuals impacted through our scholarship program

Our scholarship program provides funding for blind and visually impaired athletes to participate in local, regional, national, and international competitions. We also award equipment scholarships to help visually impaired people stay physically active. Scholarship recipients would not be able to attend events or purchase equipment without the support of this program.

74

Blind and visually impaired people served through our Sports Team Program

NWABA's Sports Teams program provides blind and visually impaired youth and adults of all ages the opportunity to participate in on-going programming. This helps to build team camaraderie, muscular strength, physical fitness, increased confidence, and self-esteem.

185

Sports adaptations were provided to athletes, families, teachers, and community organizations

NWABA provides sports adaptations to blind individuals, families, teachers, and community organizations. Adaptations make it possible for individuals with visual impairments to participate in sports with their peers.

355

Blind and visually impaired students served through our Sports Outreach Program

Our Sports Outreach and Development Program provides opportunities for blind youth in grades K-12 to participate in sports and physical activity. Students are introduced to sports through school visits, clinics, camps, and developmental competitions.

2,250

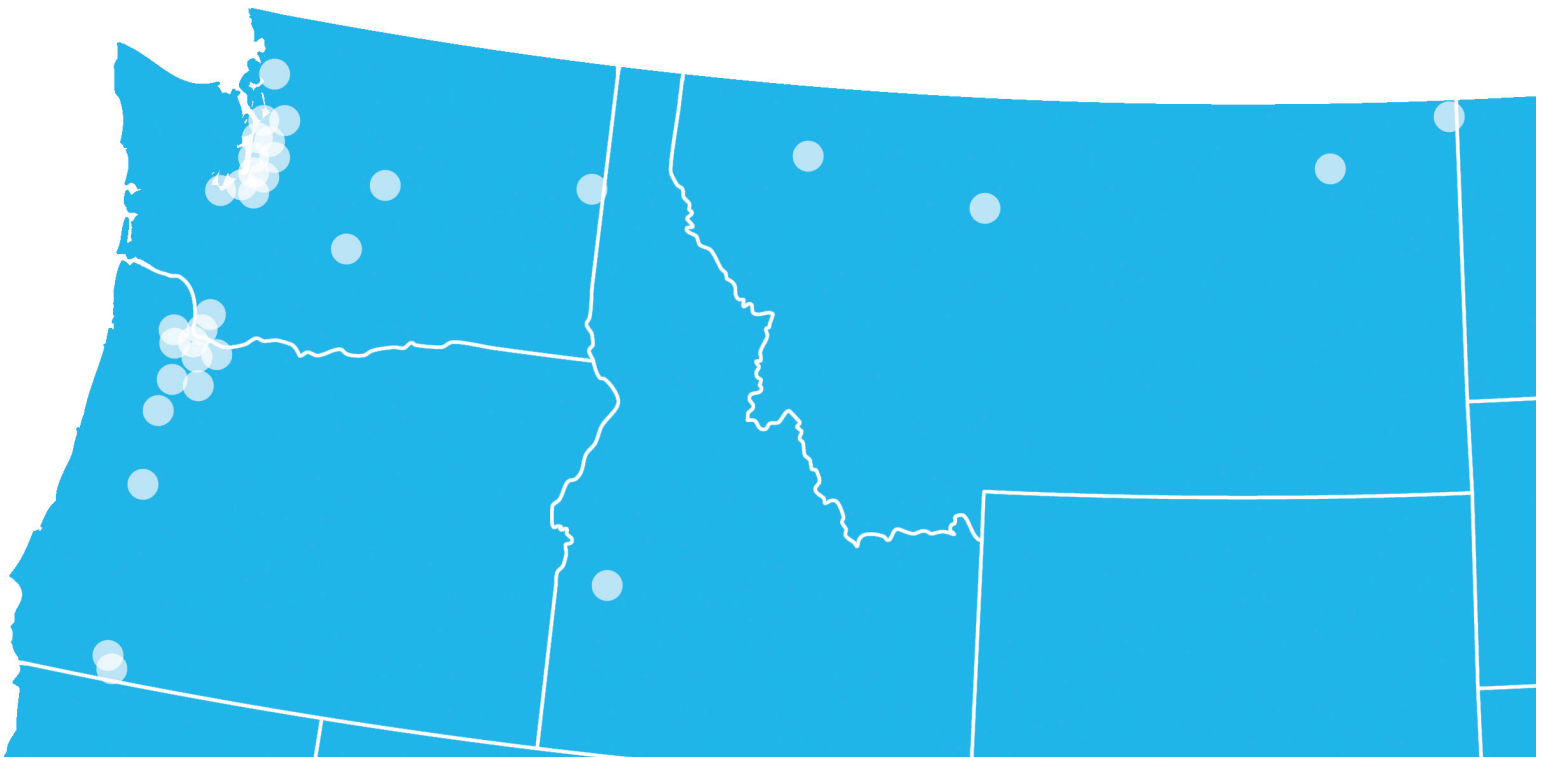
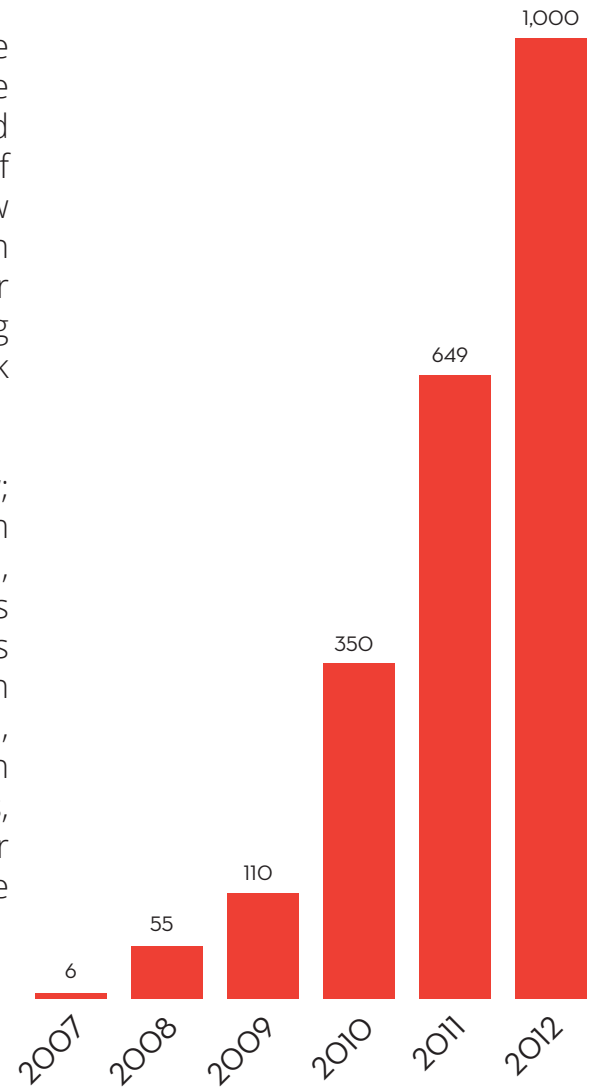
Contacts with community members to showcase the abilities of the blind

NWABA's Public Awareness Program helps educate community members of all ages about the abilities of people who are blind and visually impaired. It gives the general public more information about blindness through awareness events, speaking engagements, and community outreach.

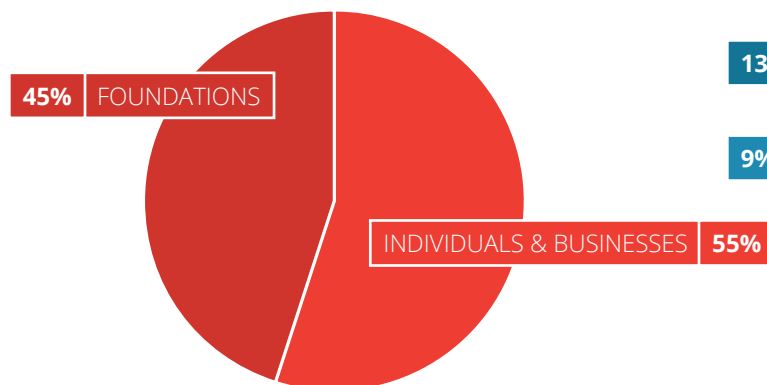
Five Years of Opportunities

Northwest Association for Blind Athletes was founded on a simple premise - to provide sports opportunities to people who are blind. Since the organization's inception in 2007, it has provided specialized programming to visually impaired individuals of all ages and ability levels. During the organization's first few years, powerlifting was the primary sport. Students practiced in Executive Director Billy Henry's garage for two years, training for local, regional, national, and international competitions. During those first few years, Billy's parents provided dinner twice a week to students on the powerlifting team.

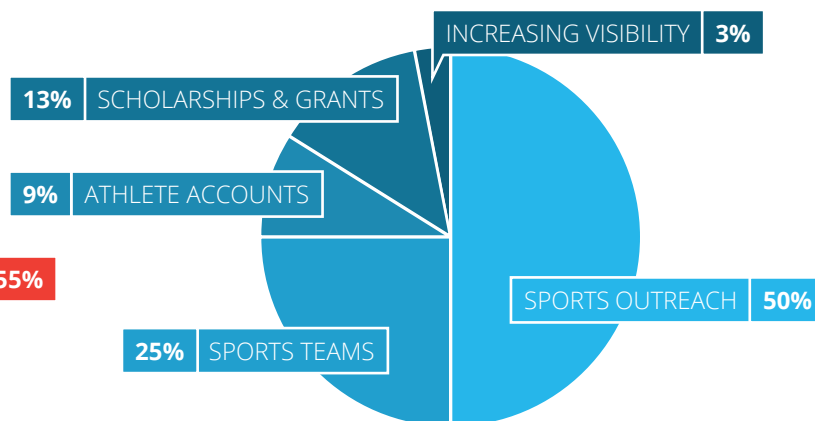
By 2009, the need for NWABA's programs continued to grow; this led to the development of the organization's five-program approach and expansion in to new sports such as track and field, judo, and goalball (a sport specifically developed for individuals who are blind and visually impaired). In 2010, NWABA's Sports Outreach Program held its first clinic with over 30 students in attendance. Since then, the need has continued to grow. In 2012, NWABA's programs served approximately 1,000 people with visual impairments. There is a growing need from blind individuals, schools, teachers, parents, and community organizations for NWABA's programs. NWABA's board, staff, and volunteers are prepared to meet the increasing demand.



Revenue Sources



Program Expenses



Net Assets

Assets as of 6/30/2011	\$10,388.76
Assets as of 6/30/2012	\$18,375.39
Change in net assets	\$7,986.63

“ Golfing was a great experience. I enjoyed learning the technique of golf, one on one with the instructor. It was a great learning experience because we were all able to do it individually.

- Abbey, Program Participant

NWABA Volunteers are making a difference

Northwest Association for Blind Athletes relies on the generosity of our many volunteers to support its programs, operations, and fundraising efforts. This year, over 3,750 hours were spent helping individuals of all ages and ability levels who are blind and visually impaired participate in our five specialized programs. According to the Independent Sector, the average value of a volunteer hour is \$21.79; that means NWABA's total volunteer hours are valued at over \$81,000!

“ To truly understand why NWABA exists, you only need to attend one athletic event. To see the passion and competitiveness the athletes exhibit is awe inspiring. Watching the transformation in the athletes and the pride in the eyes of their parents was one of the most rewarding experiences of my life.

- Volunteer, Matthew Hoffstetter, Greater Vancouver Chamber of Commerce

THANK YOU DONORS

This list reflects donations made from July 1, 2011 through June 30, 2012.

VISION (\$5000+)

Beaches Summertime
Cruisin'
BNSF Railway
Foundation
OCF Nike Employee
Grant Fund

OPPORTUNITY

(\$2,500 - \$4,999)
Firstenberg Foundation
Mr. Battle Ground
Pagent
OCF Joseph. E.
Weston Public
Foundation

INCLUSION

(\$1,000 - \$2,499)
Anne & D. Wayne
Gittinger
Don & Jennifer Rhodes
New Phoenix Casino
and Last
Frontier Casinos
NW Lions Foundation
for Sight
and Hearing
Oregon Commission
for the Blind
Foundation
Scott & Jody
Campbell, 2012
Friends of the
Community
Foundation for
Southwest
Washington
The Standard

CONFIDENCE

(\$500 - \$999)
Biggs Insurance
Services
Billy Henry
Columbia Credit Union
Edward & Dollie Lynch
Fund, a charitable
fund of the
Community

Foundation
for Southwest
Washington
Elson & Jan Strahan
Jason Reid
Jo England
Kirby & Lillie Lott
Luke Wilks
Mayor Event Fund
Pasco Lions Club
T.O.D.A.Y. Foundation
Tim & Kelli Shauer
US Olympic Committee
Walmart Store #2947
Wenatchee Central
Lions Club
West Linn Lions Club

DETERMINATION

(\$250 - \$499)
Arlinda Munger
Biggs Beer Wine and
Tobacco
Bob & Lise Buell
Burgerville
Dick Hannah
Dealerships
First Independent Bank
Greg & Karen Seifert
iQ Credit Union
Jeanne Kojis
Jerry Bartolome
John & Anne McDonagh
Jon J McMullen PS
Kim & Lisa Capeloto
Lorna Hardy
Paul N. Montague III
Rachel Wilks
Raychel Callary
Riverview Comunity
Bank
Southwest Office
Systems
Terry & Maureen Hiller
Thomas Benson
Voiture 99, La Societe
Des Quarante
Hommes et Huit
Chevaux

ENRICHMENT

(\$249 & BELOW)
Adrian & Brooke Cortes
Airway Heights Lions
Club
Al & Nancy Getten
Allan Brettman
Amy Cheng
Andy Meyer
Ann Hoffstetter
Anna Dettling
Anonymous
Betty Brands
Bill & Jamie Dotson
Bill & Norma Willis
Bill & Pat Henry
Brian Lott & Anne
Brettman
Bruce Gross
Central East Portland
Rotary Club
Chad & Sheri Walker
Childrens Center
Christyna Hengstler
Cindy Johnson
City of Vancouver, WA
Colleen Lines
Curtis & Charlene Cook
Daniel Stedman
Darcy Altizer
Dave & Debbie Trimble
Dennis & Marlene
Graham
Dream Big Community
Center
Ed Lynch
Effy Stephanopoulos
Erik Selden & Megumi
Hackett
E-Scrip
Everett Central Lions
Club
Evi Williams
Fay Blackburn
Good Health Naturally,
PLLC
Gordan Oliver
Greg & Lynn Butts
Greg & Susan Gilbert
Gresham Breakfast

Lions Club
Gresham Supper Lions
Club
Inland Empire Paper
Company
Jack & Sherry Burkman
James & Ashley Shimer
Jan Person
Jane Dudek
Janice McCargar
Jason & Wendy Beatty
JoAnne Gibbons
Jody Mounce
John & Dee Dudek
John & Jean Weigant
John & Joyce Loomis
John & Kris Bockmier
John & Malee Hubbard
Julie Arenz
Kathleen Lipiec
Kay Martin
Kennewick Lions Club
Kevin & JoAnna Mason
Kevin & Marsha Daniel
Kim Hash
Kris Thomas
Kristen Buhler
Kyle Dotson
Lake Stevens Lions
Club
Laurie Giacomini
Leonard & Jennifer
Leger
Linda Waneless
Lois Williams
Lopez Island Lions Club
Marion & Olivia Agbisit
Matt & Phoebe Krueger
Matthew Hoffstetter
& Candi Carrier
Megan McDonagh
& Kirsten Richter-
McDonagh
Meredith Hardin
Meredith McDonagh
Michael Holbert
Mike & Gilda Ciraulo
Mollie Hands
Monica P. Stugelmeyer
Morgan Fricke

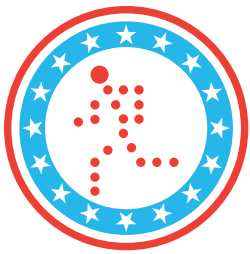
Morgan Wentworth
Naomi Royle
Nicholas & Sue Shively
Nicholas Wilks & Tiffany
Wilson
Ocean Park Area Lions
Club
Pacific Continental
Bank
Pat C. Stanton
Paul & Lori Lipp
Qwest Pioneers
Redmond Lions Club
Renee Agbisit
Rich & Jennifer McKee
Richard & Michele
Wollert
Rick Lusignan
Robert & Cathy Ramer
Ronald & Lynn
Sherwood
Sara Wright
Scott & Jennifer
McCallum
Shannon & Divina
Tomasini
Stephen & Marilyn Kind
Stephen & Nicholetta
Graf
Steve & Heather Stuart
Steve Hammond
Susan
Schimmelpfennig
Sutherland Lions Club
Tammie Howard
Terry Ogle & Anne
McEnerny-Ogle
Thomas & Mary
Nemmert
Thomas M. Stanton
Tim Martin
Tom & Carmen Meilke
Tom & Linda Peterson
Tracy Anderson
Troy & Shari Van Dinter
Tucker Henry
Violet Burdick
Wayne Oshero
Willipa Harbor Lions
Club
Yvonne Graham

We have made every effort to ensure the accuracy of names on this list. Please contact us at 1-(360)-448-7254 if there are any errors.

“

Thanks to you I will be able to represent the USA in powerlifting, which is something that people could only dream of, a chance to represent their country in the sport that they love.

- Nathan, Scholarship Recipient



NW ASSOCIATION
FOR
BLIND
ATHLETES

PO Box 65265 Vancouver, WA 98665-0009

