



PRESENTS:

5-MILE HIKE EXPERIENCE

SOUTHERN WILLAMETTE VALLEY

- Why:** To give people who are blind and visually impaired an opportunity to test their endurance and strengthen skills for hiking.
- Who:** Open to all people who are blind or visually impaired. Individuals under 18 will need to be accompanied by a guardian. Families welcome.
- Where:** Sweet Creek Trail
Sweet Creek Road
Mapleton, OR 97453
- When:** Sunday, July 14, 2019
- Time:** 1:00 pm- 3:00pm
Transportation to and from Salem, Corvallis upon request
Pick up from Eugene OCB at 11:30 am and returning at 4:30 pm

Registration is due by Wednesday, July 10, 2019. Additional forms are available at <http://www.nwaba.org>

**To register, please call or email Megan Ahleman
360.768.5649
mahleman@nwaba.org**

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity to individuals who are blind and visually impaired.