



**PRESENTS:**

# **BEGINNER HIKE/WALK**

**Who:** Open to individuals of all ages who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

**Where:** OMSI  
1945 SE Water Ave  
Portland, OR 97214  
We will meet at OMSI and walk along the Eastbank Esplanade and Tom McCall Waterfront Park

**Terrain:** 3 mile walk on mostly flat, paved terrain.

**When:** Saturday, September 26, 2020

**Time:** 9:30 am – 11:00 am

*NWABA will not be providing transportation to/ from this event. Staff will meet athletes and volunteers at the above address at 9:15 am.*

*Feel free to bring a member of your household to hike with you!*

**Registration is due by Monday, September 21, 2020.**

**To register, please call or email Mary Holmes**

**360-984-5627**

**[mholmes@nwaba.org](mailto:mholmes@nwaba.org)**

**<https://nwaba.org/events/>**