



**PRESENTS:**

# **SPOOKTACULAR FITNESS DAY PORTLAND, OR**

**Why:** To give youth ages K-12 who are blind or visually impaired an opportunity to participate in a spooky goalball circuit workout and yoga.

**Who:** Open to ages K-12<sup>th</sup> grade who are blind or visually impaired. Parents are required to supervise athletes throughout the entire event.

**Where:** Irving Park  
707 NE Fremont St  
Portland, OR 97212

**When:** Saturday, October 31, 2020

**Time:** 1:00 pm – 2:30 pm

Costumes that don't inhibit movement are encouraged!

**Registration is due by Monday, October 26, 2020.**

**To register, please call or email Mary Holmes**

**360-984-5627**

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[www.nwaba.org](http://www.nwaba.org)