



PRESENTS:

SPOOKTACULAR FITNESS DAY SEATTLE, WA

- Why:** To give youth ages K-12th who are blind or visually impaired an opportunity to learn fundamentals in yoga/stretching and participate in fun relays.
- Who:** Open to youth in K-12th grade who are blind or visually impaired. Teachers of the Visually Impaired and other family members are also welcome. Parents or teachers are required to supervise students throughout the entire event.
- Where:** Magnuson Park
7135 Sportsfield Dr NE
Seattle, WA 98115
- When:** Saturday, October 31, 2020
- Time:** 10:30 am to 12:00 pm

Registration is due by Monday, October 26, 2020.

To register, please call or email

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Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity for individuals who are blind or visually impaired.