

## PRESENTS:

## VIRTUAL ATHLETE ORIENTATION

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 are encouraged to join the orientation with an adult.

**Details:** Join NWABA team members to learn about participating in NWABA programs. We will address topics such as:

- How do I sign up & communicate with the NWABA team?
- What sports does NWABA lead throughout the year?
- What can I expect when taking part in an event?
- How does NWABA manage challenging yet safe events?
- And more!

Where: Virtual Via Zoom

When: Choose a date/time that works for you:

- Sunday, November 1 from 12:30 1:30
- Sunday, November 8 from 12:30 1:30
- Saturday, November 14 from 10:30 11:30
- Saturday, November 21 from 10:30 11:30
  (All times Pacific Time Zone)

Registration is due 2 days in advance of the orientation event.

To register, please call or email Megan Ahleman

360-768-5649, <u>mahleman@nwaba.org</u>

https://nwaba.org/events/

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity to individuals who are blind and visually impaired.