



PRESENTS:
YOGA
VIRTUAL PROGRAMMING

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 are encouraged to join the event with an adult.

Where: Virtual via Zoom

When: Thursday, November 5, 2020 from 5:30 pm to 6:30 pm
Thursday, November 12, 2020 from 5:30 pm to 6:30 pm
Thursday, November 19, 2020 from 5:30 pm to 6:30 pm
Tuesday, December 1, 2020 from 2:30 pm to 3:30 pm
Tuesday, December 15, 2020 from 2:30 pm to 3:30 pm

Registration is due 2 days in advance of the virtual program.

To register, please call or email

Megan Ahleman

360-768-5649

mahleman@nwaba.org

<https://nwaba.org>