



PRESENTS:

VIRTUAL ATHLETE ORIENTATION

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 are encouraged to join the orientation with an adult.

Details: Join NWABA team members to learn about participating in NWABA programs. We will address topics such as:

- How do I sign up & communicate with the NWABA team?
- What sports does NWABA lead throughout the year?
- What can I expect when taking part in an event?
- How does NWABA manage challenging yet safe events?
- And more!

Where: Virtual Via Zoom. All meetings are in Pacific Standard Time

When: Choose a date/time that works for you:

- Every Monday in December from 12:00 to 1:00 pm
- Saturday, December 5 from 10:30 to 11:30 am
- Saturday, December 12 from 10:30 to 11:30 am
- Saturday, December 19 from 10:30 to 11:30 am

All times are Pacific Standard Time

Registration is due 2 days in advance of the orientation event.

To register, please call or email Mary Holmes

360-984-5627, mholmes@nwaba.org

<https://nwaba.org/events/>

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity to individuals who are blind and visually impaired.