

## **PRESENTS:**

## FULL BODY CIRCUIT VIRTUAL PROGRAMMING

**Who:** Open to individuals of all ages who are blind or visually

impaired. Individuals under 18 are encouraged to join the

event with an adult.

Where: Virtual via Zoom

When: Tuesday, December 1 from 12:00 to 1:00 pm

Tuesday, December 8 from 12:00 to 1:00 pm Tuesday, December 15 from 12:00 to 1:00 pm Tuesday, December 22 from 12:00 to 1:00 pm Thursday, December 31 from 12:00 to 1:00 pm

All times are Pacific Standard Time

Registration is due 2 days in advance of the virtual program.

To register, please call or email Mary Holmes
360-984-5627

mholmes@nwaba.org

https://nwaba.org/events/