



PRESENTS:
VIRTUAL ZUMBA

Who: Open to individuals of all ages who are blind or visually impaired.

What: This Zumba Workout will consist of learning 3 to 4 exercise and dance based moves for each of the 3 songs. Join in for some fun with movement and music!

Where: Virtual via Zoom

When: Fridays in April & May 2021
April 9, 16, 23, 30
May 7, 14, 21, 28

Time: 12:00 pm to 1:00 pm Pacific Time

Registration is due 2 days in advance of the virtual program.

To register, please call or email

The programs team

360-448-7254 Extension 2

ProgramsTeam@nwaba.org

<https://nwaba.org/virtualevents/>