



**PRESENTS:**  
**ZUMBA**

**Who:** Open to individuals of all ages who are blind or visually impaired.

**What:** This Zumba Workout will consist of learning four exercise and dance based moves for three songs. Join in for some fun with movement and music!

**Where:** Virtual via Zoom

**When:** Wednesdays in October & November 2021  
October 6, 13, 20, & 27  
November 3, 10, & 17

**Time:** 12:00 pm to 1:00 pm Pacific Time

**To register, please call or email**

**The programs team**

**360-448-7254 Extension 2**

**[ProgramsTeam@nwaba.org](mailto:ProgramsTeam@nwaba.org)**

**<https://nwaba.org/virtualevents/>**