



PRESENTS:

YOGA FLOW

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

Where: Kathryn Albertson Park
1001 S Americana Blvd
Boise, ID 83706

Details: Celebrate the first day of Fall by participating in a relaxing, instructor-led, yoga flow. Please bring a yoga mat if you have one.

When: Thursday, September 22, 2022

Time: 6:00 pm - 8:00 pm

Rides From: ICBVI (depart 5:30 pm; return 8:15 pm)

West Boise (depart 5:00 pm; return 8:30 pm)

Registration is due by Friday, September 16, 2022.

To register, please call or email Sam Picciano

208-391-6096

spicciano@nwaba.org

<https://nwaba.org/events/idaho/>