



PRESENTS:

KALISPELL BEGINNER HIKE & YOGA

Who: The opportunity for adults 18 years and older with a visual impairment or blindness to participate in a group hike! Following the hike, we will host a short yoga session.

Terrain: Up to 1.2 miles and follows a mix of paved and dirt walking paths. There is a 16-foot elevation gain.

Where: Lawrence Park
1105 N Main St
Kalispell, MT 59901

When: Saturday, April 15, 2023

Time: 10:00am – 12:00pm

Registration is due by Monday, April 10, 2023.

To register, please call or email

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<https://nwaba.org/events/montana/>

