



**PRESENTS:**  
**FITNESS WALK**

**Who:** Open to individuals of all ages who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

**Where:** Boise Greenbelt Trail  
Meet at Old Timer's Shelter (East end Ann Morrison Park)  
Near Boise Parks & Rec Department parking lot  
1130 W. Royal Blvd  
Boise, ID 83706

**Why:** To provide consistent opportunities for athletes to improve their level of health and physical activity.

**When:** Friday, March 24, 2023

**Time:** 6:00 pm – 7:30 pm  
*Rides from Idaho Commission for the Blind (depart 5:30 pm; return 8:00 pm)*

**Registration is due by Monday, March 20, 2023.**

**To register, please call or email Sam Picciano**

**208.391.6096**

[spicciano@nwaba.org](mailto:spicciano@nwaba.org)

<https://nwaba.org/events/idaho/>

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity for individuals who are blind and visually impaired.