



PRESENTS:
DANCE AEROBICS

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

What: This Dance Aerobics Workout will consist of learning three sequences of four exercise and dance-based moves. Join in for some fun with movement and music!

Where: Riverside Hotel
2900 W Chinden Blvd
Boise, ID 83714

When: Thursday, April 27, 2023

Time: 7:00 pm - 8:00 pm
Rides From: ICBVI (depart 6:30 pm; return 8:30pm)

Registration is due by Monday, April 17, 2023.

**To register, please call or email Sam Picciano
208.391.6096**

spicciano@nwaba.org

<https://nwaba.org/events/idaho>