



PRESENTS:
FITNESS WALK

Who: Open to individuals of all ages who are blind or visually impaired. Individuals under 18 will need to be accompanied by an adult.

Where: Boise Greenbelt Trail
Meet at Kristin Armstrong Park
Near Sweet Gum #4
500 S Walnut St
Boise, ID 83712

Why: To provide consistent opportunities for athletes to improve their level of health and physical activity.

When: Friday, May 19, 2023

Time: 6:00 pm – 8:00 pm
Rides from West Boise (depart 5:15 pm; return 8:30pm)
Idaho Commission for the Blind (depart 5:40 pm; return 8:15 pm)

Registration is due by Monday, May 15, 2023.

To register, please call or email Sam Picciano

208.391.6096

spicciano@nwaba.org

Northwest Association for Blind Athletes' mission is to provide life-changing opportunities through sports and physical activity for individuals who are blind and visually impaired.